

# Employee Newsletter

## September is the Month for...Training



Diversity and Culture Sensitivity Training is scheduled for September 3 – 5, 2013.

This training will provide all employees and supervisors with awareness to better understand other cultures, age populations, and lifestyle groups. The sessions will last 1.5 hours, they will be offered in the morning and afternoon, and will be mandatory. All employees will need to register for one of the classes offered. Please contact Lisa Crook in Employee Services with questions or to register at 759-1573.

## Volunteer Today for a Cancer-Free Tomorrow

What if you could prevent even one family from hearing the words “you have cancer?” This year, you can by volunteering and joining the movement to help create a world with less cancer and more birthdays by enrolling in the American Cancer Society’s research study called Cancer Prevention Study-3 (CPS-3).

The study is open to anyone who is willing to commit to the study long-term which means completing periodic follow up surveys online at home for the next 20-30 years, is between 30 and 65 years old, and has never been diagnosed with cancer (does not include skin cancer).

Enrollment will take place at various locations in the Saginaw area beginning in August. Schedule your enrollment appointment at [www.cancer.org/GLBRcps3](http://www.cancer.org/GLBRcps3) and complete your first comprehensive survey online.

Previous Cancer Prevention Studies have led to amazing discoveries including the link between smoking and cancer. The American Cancer Society is excited to start the study and discover new findings to be revealed by this generation. For more information, go to [www.cancer.org/GLBRcps3](http://www.cancer.org/GLBRcps3) or call 1-888-604-5888.

*“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”*

Margaret Mead

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## Employee Services

### *Promotions*

Congratulations to the following employees on their recent promotions:

**Oscar Lopez to Police Sergeant** – Oscar joined the Saginaw Police Department as a Police Officer in 1997. He holds an Associate's Degree in Criminal Justice from Delta College.

**Diane K. Meehleder to Police Sergeant** – Diane was hired as a Saginaw Police Officer in 1997. She holds an Associate's Degree from Delta College.

**Kilah M. Robetoy to Office Assistant III, Public Services** – Kilah has over 5 years' office experience, including working as a part-time Skilled Clerical employee within our Streets Division and our Call Center since February of 2012.

**James M. Walny to Police Sergeant** – James joined the Saginaw Police Department as a Police Officer in 1995 after serving over 3 years in the United States Air Force.



## Wastewater Employees Receive Michigan Department of Environmental Quality Certification

Congratulations to eight Wastewater Treatment Plant Employees for passing the Michigan Department of Environmental Quality's Wastewater Treatment Operator Certifications exams given on May 23rd this year.

Charles Thompson, Treatment Plant Operations Foreman, and Mark McLean, Chief Chemist, received their Class B Certifications. Hillary Mitchell, Treatment Plant Operator and Aaron Rose, Treatment Plant Operator, both received their Class C Certifications. David Dienes, Treatment Plant Operator, Troy Hartley, Treatment Plant Operator, John Jervinsky, Laboratory Technician, and Robin Messing, Laboratory Technician all earned their Class D Certifications.

Certification tests must be passed in the order from Class "D", "C", "B" and "A". Class A is the highest level of certification. Passing a certification exam requires many hours spent studying from volumes of wastewater treatment study materials. When possible the WWTP staff attends training classes to enhance their knowledge of wastewater treatment processes. The exams are only given by the MDEQ once a year so studying for an exam is a yearlong endeavor.

This year we had more people take and pass the state certification exams than ever before. Again, congratulations on a job well done!

*If you have comments, questions or suggestions regarding the Saginaw Employee Newsletter, please contact:  
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# MDNR/MEDC Summer Youth Employment Program

The MDNR/MEDC Summer Youth Employment Program was renewed for this summer!!! The program includes an initiative to provide an at-risk youth employment program, for 16 to 19 year olds.

As a result of last year's success, SVRC Industries was selected to implement this program again. All participants who are enrolled in this program will receive work experience that matches the mission of MDNR, lasting 15 weeks. All wages will be provided by the SVRC organization. The program began June 10<sup>th</sup> and will conclude September 27<sup>th</sup>.

The City of Saginaw has benefited with 45-60 youth on hand this year cleaning up Park areas and the Riverwalk. The youth are from two programs, First Ward Community Center and the SVRC Industries, Inc. The City is getting assistance from these groups to maintain public areas, that would not have been maintained to such a degree due to budget limitations. The youth are getting good hands-on experience in team building and work ethic, and summer employment. It's a "Win/Win" for all!

SVRC Industries and the First Ward Community Center groups are to be commended for making this program such a great success.



## Health and Wellness

Are you ready for a little "Insanity?" Covenant Healthcare announces their fall health and wellness class schedule will include a new "Insanity" intense workout class beginning September 16, 2013. Fall 2013 class offerings will also include Covenant's popular BARRE fitness, Zumba, and Yoga classes. Covenant is now offering these classes twice a week in 8 week sessions at the new rate of \$3.50 per class.

Lunch and Learn sessions will be presented by Covenant Sleep Center, and a variety of nutrition and weight management programs to promote better psychological and physical health. Sessions will begin the week of September 9, 2013.

Covenant offers ongoing educational classes to help with Cardiac Rehabilitation, Tobacco Cessation, Physical Medicine and Rehab, and a Pulmonary Rehabilitation Program. Covent also offers a wide range of **Free** support groups for various medical conditions.

For more information, please contact Lori Welsh at 989-583-6302, or go to [www.covenanthealthcare.com](http://www.covenanthealthcare.com). The information and brochure will also be available in Employee Services.

# THE GREEN "MARK"ER



News from  
the Green Team



## Consumers Energy Helping Neighbors Program

The Helping Neighbors Program is an energy efficiency assistance program that helps qualified families lower their monthly utility bills and improve comfort by increasing the energy efficiency of their homes. At no cost, a Helping Neighbors energy representative will install high-efficiency products, conduct a home energy assessment, and provide educational information on additional ways a household can become more energy efficient. Whether you're a homeowner, a renter or a member of a community organization, you can help spread the word about this FREE energy efficiency assistance. For more information, call (877) 448-9433 or visit [consumershelpingneighbors.com](http://consumershelpingneighbors.com).

### AVAILABLE MEASURES & SERVICES

Helping Neighbors provides a wide range of energy efficient measures and services, which may include the following:

- Furnace operation & maintenance tune-up
- Air leakage testing
- Air sealing
- Compact fluorescent light bulbs (CFLs)
- Band joist insulation
- High-efficiency showerhead
- High-efficiency faucet aerator
- Carbon monoxide testing
- Water heater pipe wrap
- Programmable thermostat

### 2013 Income Eligibility Guidelines

Household Size	Annual Income
1	\$22,980 or below
2	\$31,020 or below
3	\$39,060 or below
4	\$47,100 or below
5	\$54,140 or below
6	\$63,180 or below
7	\$71,220 or below
8	\$79,260 or below

For each additional family member, add \$8,040

For households exceeding the income qualifications, there may still be help. For more information, visit [ConsumersHelpingNeighbors.com](http://ConsumersHelpingNeighbors.com)



## Better Organize Your Email



Get a Lot of E-Mail?

Would you like to color code your e-mails so certain messages stand out? Well you can do that very easily from your mailbox by following these steps:

1. Click on "More" (next to the trash can).
2. Click on "Preferences" – the first item in the pull down menu.
3. Then click on the "Sender Colors" tab. From this menu you will be able to enter names, change the "background" or highlight for e-mail messages, and change the text color also.

### Announcements

- City of Saginaw Offices will be CLOSED Monday, September 2nd—Labor Day



# August 2013

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 City Council	6	7 Zoning Board of Appeals	8	9	10
11	12	13	14	15	16	17
18	19 City Council	20 Riverfront	21	22 Historic District Commission	23	24
25	26	27 DDA Planning Commission	28	29	30	31

# September 2013

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1	2 <i>Labor Day</i> City Offices CLOSED	3	4 Zoning Board of Appeals	5	6	7
8	9 City Council	10	11	12	13	14
15	16	17 Riverfront	18 Human Planning Commission	19	20	21
22 <i>Autumn begins</i>	23 City Council	24 DDA Planning Commission	25	26 Historic District Commission	27	28
29	30					